

**WAIKANE CONGREGATIONAL CHURCH, 48-419 KAMEHAMEHA HWY, Kaneohe, Hawaii, 96744**  
**PRESENTS: 2019 AAU HAWAII STATE CHAMPIONSHIP Weightlifting, Powerlifting, Bench, Deadlift and Push-Pull**  
**Date: Jan 19 2019 lifting begins at 9 am**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ A.A.U. # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Weight Class \_\_\_\_\_ Age: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Sex \_\_\_\_\_

E-Mail address \_\_\_\_\_

**WEIGHTLIFTERS** PLACE WL for weightlifting, SN for Snatch only, or CJ for Clean and Jerk only in appropriate block!

Open: \_\_\_\_\_ Teen: \_\_\_\_\_ Youth: \_\_\_\_\_ Junior: \_\_\_\_\_ Sub Master: \_\_\_\_\_

Master: \_\_\_\_\_ Law/Fire: \_\_\_\_\_ Military \_\_\_\_\_ Lifetime Masters \_\_\_\_\_

**POWER LIFTERS** PLACE "P" for Powerlifting, "B" for Bench, "D" for Deadlift, "C" For Push-pull in appropriate block!

**Equipped**

Open: \_\_\_\_\_ Teen \_\_\_\_\_ Youth \_\_\_\_\_

Junior: \_\_\_\_\_ Sub Master: \_\_\_\_\_ Master: \_\_\_\_\_ **Military/ Law/Fire:** \_\_\_\_\_

Lifetime \_\_\_\_\_ Lifetime Masters \_\_\_\_\_

**Raw is Real**

Raw Open: \_\_\_\_\_ Raw Teen: \_\_\_\_\_ Raw Youth: \_\_\_\_\_

RAW HIGH SCHOOL \_\_\_\_\_ Raw Junior: \_\_\_\_\_ Raw Sub Master: \_\_\_\_\_ Raw Master: \_\_\_\_\_

Raw Lifetime: \_\_\_\_\_ Raw Lifetime Masters \_\_\_\_\_

Raw **Military/ Law/Fire/Military:** \_\_\_\_\_ Disabled: \_\_\_\_\_ (specify, Dwarf, Blind, Wheel Chair) High School \_\_\_\_\_

**AAU Powerlifting and Weightlifting Waiver and Consent**

In order to be able to participate in this or any other AAU Weightlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU)

I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorney's fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_ if under age 21

You can email app To: [KENEKES@HAWAII.RR.COM](mailto:KENEKES@HAWAII.RR.COM) If paying with card , or Postal mail Kenekes Grill at Punalu'u, 53-138 Kamehameha Hwy, Punalu'u Hawaii 96717